

Nutrition Facts Tamarillo

Serving size 100g

Amount per serving

Calories 40

Fat calories 0

Dietary value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 7g 3%

Dietary Fibre <1.0g 3%

Total Sugars 7g

Protein 0.54g

Vitamin A 0% Vitamin D 0%

Calcium 10mg 0% Iron 0.5mg 2%

Potassium 290mg 6%

* The percentage Daily Values (DV) are based on a daily diet of 2.000 calories. Daily Values can be higher or lower depending on your caloric necessity.