

Nutrition Facts Yellow Dragon Fruit

Serving size 100g

Amount per serving

Calories 50

Fat calories 0

Dietary value*

Total Fat 0

0

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 0mg

0%

Total Carbohydrate 13g

4%

Dietary Fibre 1g

4%

Total Sugars 10g

Protein 1g

Vitamin A 0%

Vitamin C 7%

Vitamin B1 2%

Vitamin B6 0%

Calcium 0%

Iron 2%

Phosphates 3%

Potassium 2%

Magnesium 7%

Folate 0%

* The percentage Daily Values (DV) are based on a daily diet of 2.000 calories. Daily Values can be higher or lower depending on your caloric necessity.